ETA
European
THYROID
Association

EUGOGO
EUropean Group On Graves' Orbitopathy

MASTERCLASS
in THYROID EYE DISEASE

20 - 21 February 2026 | MAINZ, GERMANY

ETA MASTER

TED - Integrating Immunosuppressive and Disease-Modifying Therapies into Patient Care

- Masterclass TED will be a full immersion clinical and translational educational event designed for specialists with some experience in the TED field who would like to receive further training and an update on the diagnosis and treatment of the disease from a multidisciplinary point of view.
- Topics: pathophysiology, targeted management and practice-oriented training.
- Fifty participants (ophthalmologists & endocrinologists) will be offered plenary lectures, interactive workshops, round-table discussions and hands-on grand rounds.

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The Scientific and Organizing Teams wish to thank the sponsor for its generous support

The Masterclass will be held in ENGLISH

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FRIDAY 20th February 2026

Plenary Lectures – HILTON HOTEL, Mainz

8:15am - 6:30pm

ETA MASTER

8:15 am WELCOME & INTRODUCTION
George J. Kahaly (Germany)
& Tomasz Bednarczuk (Poland)

8:30 am SESSION 1

From Bench to Bedside
Moderation: Mark Lupo (USA)
& Simon Pearce (UK)

Immuno-pathogenesis, genetics and epigenetics of TED
(20 min + 10 min Disc.) Simon Pearce (UK)

IGF-1R / TSH-R Cross-talk & TSH-R-Ab
(20 min + 10 min)
George J. Kahaly (Germany)

Risk factors & prevention
(20 +10) Luigi Bartalena (Italy)

Thyroid management
(20 + 10) Tomasz Bednarczuk (Poland)

General discussion, Q & A, challenging the experts
(30 min)

12:00 LUNCH

1:00 pm SESSION 2

Current Therapeutic Landscape in TED
Moderation: Luigi Bartalena (Italy)
& Vickie Lee (UK)

IGF-1R Blockers, why, when and how
(10 min) Suzanne Freitag (USA)

IV GCs: why, when and how
(10 min) Luigi Bartalena (Italy)

Discussion: 15-20 min

Tocilizumab
(10 min) Tomasz Bednarczuk (Poland)

Rituximab
(10 min) Simon Pearce (UK)

Discussion: 15-20 min

Mycophenolate/Azathioprine/ Cyclosporine
(10 min) George J. Kahaly (Germany)

Orbital Radiotherapy
(10 min) Michele Marino (Italy)

Discussion: 15-20 min

3:00 pm COFFEE BREAK

3:30 pm SESSION 3

Open questions answered by both ophthalmologists (10 min) & endocrinologists (10 min)

Discussion: 15 min
Moderation: Suzanne Freitag (USA)
& Michele Marino (Italy)

1. Is mild TED really mild – Impact of QoL
Vickie Lee (UK) & Mark Lupo (USA)

2. First line treatment of active, moderate-to-severe TED – IVMP or IGF-1R blockade?
Suzanne Freitag (USA)
& George J. Kahaly (Germany)

3. What should we do if first-line treatment fails?
Michele Marino (Italy) & Vickie Lee (UK)

4. Sight threatening TED – DON: IVCG, IGF-1R blockade or decompression surgery?
Simon Pearce (UK)
& Katharina Ponto (Germany)

5. Chronic TED: IGF-R blocker or Rehabilitative Surgery?
Marta Perez (Spain) & Mark Lupo (USA)

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SATURDAY 21st February 2026

Johannes Gutenberg University Medical Center - Dept. of Ophthalmology

9:00am - 2:00pm

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9:00 am ORAL PRESEN-TATIONS

Moderation: Katharina Ponto (Germany) & Marta Perez (Spain)

Pitfalls in assessing soft tissue inflammation
Lea Grauhan (Germany)
(15 min talk + 15 min disc.)

Subjective and objective assessment of eye muscle motility
Heike Elflein (Germany)
(15 min + 15 min)

Difficulties in diagnosing DON
Katharina Ponto (Germany)
(15 min + 15 min)

Round table discussion ORBITAL IMAGING – When and how?
(30 min)
Suzanne Freitag (USA),
Vickie Lee (UK), Michele Marino (Italy),
Marta Perez (Spain), Katharina Ponto (Germany)

11:00 am LUNCH BREAK

11:30 am GRAND ROUNDS 4 x 30 min.

Patient (N = 4) DON, severe diplopia, IgG4, red eyes/dry eye presentations in small groups and elaboration of management plans

Four ophthalmologists / Four Endocrinologists

1	2	3	4
Heike Elflein (Germany) Tomasz Bednarczuk (Poland)	Lea Grauhan (Germany) Mark Lupo (USA)	Marta Perez (Spain) Michele Marino (Italy)	Katharina Ponto (Germany) George J. Kahaly (Germany)

1:30 pm **Conclusive discussion with all participants,**
25-30 min Tomasz Bednarczuk (Poland) & George J. Kahaly (Germany)

2:00 pm **Wrap-up and Farewell**
George J. Kahaly (Germany)

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